MEALS on WHEELS DURHAM

NOVEMBER 2026 HOT MEAL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Meatballs w/ Spaghetti Sauce** Tater Tots Broccoli Hot Dog Bun Apple Juice Milk	3 **Chicken Breasts w/ Lemon Scarpariello Sauce** Rice Pilaf Green Beans Texas Bread Seasonal Fruit Milk	4 **Bourbon Pork Roast** Oven Roasted Potatoes Collard Greens Dinner Roll Mandarin Oranges Milk	5 **Beef Patty** Slice Cheese Baked Beans Garden Vegetables Hamburger Bun Seasonal Fruit Milk Mayo/Mustard/Ketchup	6 **Turkey Stuffed Pepper Casserole** Cauliflower Texas Bread Peach Crisp Milk
9 **Teriyaki Chicken Breast** Fried Rice Glazed Carrots Dinner Roll Tropical Fruit Milk	10 **BBQ Pulled Pork** Whipped Potatoes Coleslaw Hamburger Bun Hot Applesauce Milk	11 **A-1 Chopped Steak** Whole Kernel Corn Green Peas Texas Bread Seasonal Fruit Milk	12 **Chicken Cacciatore** Penne Pasta Broccoli Wheat Bread Very Berry Juice Milk **OFFICE CLOSED**	13 **Western Baked Beef** Cheesy Rice Brussel Sprouts Texas Bread Seasonal Fruit Milk
16 **Chicken Breast w/Apple Cider Mustard Glaze** Whipped Potatoes Lima Beans Wheat Roll Seasonal Fruit Milk	17 **Sliced Ham w/ Raisin Sauce** Northern Beans Spinach Cornbread Fruit Punch Juice Milk	18 **Sweet n' Sour Meatballs** Wild Rice Cabbage Wheat Roll Seasonal Fruit Milk	19 **Smothered Chicken** Macaroni & Cheese Yellow Squash & Zucchini Texas Bread Mandarin Oranges Milk	20 **Turkey & Sweet Potato Hash** Seasonal Green Beans Dinner Roll Pear Cobbler Milk
23 **Creole Beef Patty** Buttered Rice Green Peas Dinner Roll Seasonal Fruit Milk	24 **Cranberry Dijon Chicken** Delmonico Potatoes Mixed Vegetables Texas Bread Cinnamon Applesauce Milk	25 **Sliced Turkey Breast w/Poultry Gravy** Whipped Sweet Potatoes Green Beans Amandine Texas Bread Tropical Fruit Milk Margarine	26 **Meatloaf w/ Ketchup Sauce** Whipped Potatoes Brussel Sprouts Dinner Roll Seasonal Fruit Milk **OFFICE CLOSED**	27 **Chicken Marsala** Penne Pasta Italian Vegetables Texas Bread Grape Juice Milk **OFFICE CLOSED**
30 **Meatballs w/ Spaghetti Sauce** Tater Tots Broccoli Hot Dog Bun Apple Juice Milk	1 **Chicken Breasts w/ Lemon Scarpariello Sauce** Rice Pilaf Green Beans Texas Bread Seasonal Fruit Milk	2 **Bourbon Pork Roast** Oven Roasted Potatoes Collard Greens Dinner Roll Mandarin Oranges Milk	3 **Beef Patty** Slice Cheese Baked Beans Garden Vegetables Hamburger Bun Seasonal Fruit Milk Mayo/Mustard/Ketchup	4 **Turkey Stuffed Pepper Casserole** Cauliflower Texas Bread Peach Crisp Milk