

Meals on Wheels Durham - Frozen Meals Menu

April 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|---|---|---|---|--|
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Cranberry Dijon Chicken Whipped Sweet Potatoes Brussels Sprouts Dinner Roll Seasonal Fruit Milk | Sliced Ham Northern Beans Collard Greens Cornbread Orange Juice Milk | Beef Noodle Casserole Green Peas Dinner Roll Warm Mixed Fruit Milk | Taco Meat Mixed Beans Corn O'Brien Flour Tortilla Apple Juice Milk | Chicken w/Gravy Rice Pilaf Glazed Beets White Bread Seasonal Fruit Milk | BBQ Meatballs Confetti Rice Green Beans Dinner Roll Mixed Fruit Milk | Meatloaf w/ Brown Gravy Whipped Potatoes Glazed Carrots Dinner Roll Pineapple Tidbits Milk |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| A-1 Chopped Steak Egg Noodles Glazed Carrots Texas Bread Apple Juice Milk | Creamy Paprika Chicken Whipped Potatoes Garden Blend Vegetables Dinner Roll Seasonal Fruit Milk | Turkey Supreme Confetti Rice Broccoli Dinner Roll Applesauce Milk | Salisbury Beef w/ Brown Gravy Whipped Potatoes Green Peas Dinner Roll Pineapple Tidbits Milk | Sweet & Sour Pork Rice Pilaf Whole Kernel Corn Wheat Bread Seasonal Fruit Milk MOWD OFFICE CLOSED | Italian Meat Sauce Spaghetti Noodles Green Peas Wheat Bread Mixed Fruit Milk | Turkey Rice Casserole Stewed Tomatoes Lima Beans Dinner Roll Pineapple Tidbits Milk |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Chicken Breast w/ Dijonnaise Sauce Confetti Rice Corn Casserole Wheat Bread Apple Juice Milk | Beef Chili w/Beans Whipped Potatoes Glazed Carrots Texas Bread Pears Milk | Chicken Breast w/ BBQ Sauce Macaroni & Cheese Collard Greens Dinner Roll Applesauce Milk | Pork Roast w/ Brown Gravy Confetti Rice Green Peas Dinner Roll Seasonal Fruit Milk | Beef Patty Tater Tots Mixed Vegetables Hamburger Bun Seasonal Fruit Milk | Popcorn Chicken w/ Sweet & Sour Sauce Rice Green Peas Wheat Bread Pineapple Tidbits Milk | BBQ Pork Roasted Potatoes Baked Beans Hamburger Bun Mandarin Oranges Milk |
| 28 | 29 | 30 | 1 | 2 | 3 | 4 |
| Swedish Meatballs Whipped Potatoes Chuckwagon Corn Tropical Fruit Dinner Roll Milk | Chicken Alfredo Green Peas Dinner Roll Warm Cinnamon Applesauce Milk | Pork Roast Horseradish Brown Sauce Ranch Beans Baby Carrots White Roll Seasonal Fruit Milk | Chicken Breast w/Tarragon Sauce Cheesy Whipped Potatoes California Blend Vegetables Texas Bread Very Berry Juice Milk | Turkey Rice Casserole Stewed Tomatoes Lima Beans Dinner Roll Seasonal Fruit Milk | Breaded Chicken Patty Crispy Cubed Potatoes Green Beans Hamburger Bun Pineapple Tidbits Milk Ketchup | Pizza Casserole Italian Vegetable Blend Wheat Bread Warm Fruit Milk |