

# AUGUST 2026 FROZEN MEAL MENU

| MONDAY                                                                                                                                    | TUESDAY                                                                                                                     | WEDNESDAY                                                                                                                   | THURSDAY                                                                                                                         | FRIDAY                                                                                                                       | SATURDAY                                                                                                                                     | SUNDAY                                                                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| <b>3</b><br><b>Turkey Burger</b><br>Tater Tot<br>Sliced Carrots<br>Hamburger Bun<br>Tropical Fruit<br>Milk<br>Mustard/Ketchup             | <b>4</b><br><b>Bolognese Casserole</b><br>Whole Kernel Corn<br>Green Peas<br>Texas Bread<br>Seasonal Fruit<br>Milk          | <b>5</b><br><b>Glazed Ham</b><br>Northern Beans<br>Collard Greens<br>Cornbread<br>Strawberry Applesauce<br>Milk             | <b>6</b><br><b>Garlic Rosemary Chicken</b><br>Cheesy Baked Rice<br>Mixed Vegetables<br>Texas Bread<br>Apple Juice<br>Milk        | <b>7</b><br><b>Turkey Tetrazzini</b><br>Lima Beans<br>Diced Beets<br>Wheat Bread<br>Seasonal Fruit<br>Milk                   | <b>8</b><br><b>Jamaican Chicken</b><br>Spiced Rice<br>Corn O'Brien<br>Dinner Roll<br>Fruit Punch Juice<br>Milk                               | <b>9</b><br><b>Meatballs w/Gravy</b><br>Whipped Potatoes<br>Green Beans<br>Texas Bread<br>Tropical Fruit<br>Milk                             |
| <b>10</b><br><b>BBQ Pulled Pork</b><br>Macaroni & Cheese<br>Broccoli<br>Hamburger Bun<br>Applesauce<br>Milk                               | <b>11</b><br><b>Crustless Turkey Pot Pie</b><br>Parslied Rice<br>Whole Kernel Corn<br>Texas Bread<br>Seasonal Fruit<br>Milk | <b>12</b><br><b>Meatloaf w/Gravy</b><br>Whipped Potatoes<br>Lima Beans<br>Wheat Roll<br>Fruit Punch Juice<br>Milk           | <b>13</b><br><b>Chicken Breast w/Mild Buffalo Sauce</b><br>Brown Rice<br>Green Peas<br>Texas Bread<br>Seasonal Fruit<br>Milk     | <b>14</b><br><b>Sliced Turkey Breast w/Gravy</b><br>Mixed Beans<br>Glazed Carrots<br>Texas Bread<br>Tropical Fruit<br>Milk   | <b>15</b><br><b>Popcorn Chicken w/Sweet &amp; Sour Sauce</b><br>Dirty Rice<br>Mixed Vegetables<br>Dinner Roll<br>Cinnamon Applesauce<br>Milk | <b>16</b><br><b>Ham &amp; Vegetable Frittata</b><br>Tater Tot Casserole<br>Spinach<br>Wheat Bread<br>Very Berry Juice<br>Milk                |
| <b>17</b><br><b>Fajita Chicken</b><br>Fiesta Rice<br>Pinto Beans<br>Flour Tortilla<br>Seasonal Fruit<br>Milk<br>Sour Cream                | <b>18</b><br><b>Sloppy Joe</b><br>Ranch Beans<br>Cauliflower<br>Hamburger Bun<br>Mandarin Oranges<br>Milk                   | <b>19</b><br><b>Taco Meat</b><br>Shredded Cheese<br>Spanish Rice<br>Mixed Beans<br>Flour Tortilla<br>Seasonal Fruit<br>Milk | <b>20</b><br><b>Meatballs w/Tomato Basil Sauce</b><br>Whipped Potatoes<br>Garden Vegetables<br>Wheat Roll<br>Grape Juice<br>Milk | <b>21</b><br><b>Chicken Breast w/BBQ Sauce</b><br>Egg Noodles<br>Cabbage w/Tomatoes<br>Texas Bread<br>Seasonal Fruit<br>Milk | <b>22</b><br><b>Cheese Omelet w/Turkey Sausage</b><br>Oven Roasted Potatoes<br>Orange Beets<br>Wheat Roll<br>Tropical Fruit<br>Milk          | <b>23</b><br><b>Breaded Chicken Patty</b><br>Baked Beans<br>Green Beans<br>Hamburger Bun<br>Apple Juice<br>Milk<br>Honey Mustard             |
| <b>24</b><br><b>Beef Patty</b><br>Delmonico Potatoes<br>Mixed Vegetables<br>Hamburger Bun<br>Orange Juice<br>Milk<br>Mayo/Mustard/Ketchup | <b>25</b><br><b>Chicken Breast w/Southwest Lime Sauce</b><br>Pinto Beans<br>Green Peas<br>Texas Bread<br>Applesauce<br>Milk | <b>26</b><br><b>Salisbury Steak w/Steakhouse Sauce</b><br>Rice Pilaf<br>Green Beans<br>Wheat Roll<br>Seasonal Fruit<br>Milk | <b>27</b><br><b>Pork Roast w/Apple Berry Sauce</b><br>Whipped Potatoes<br>Cabbage<br>Dinner Roll<br>Tropical Fruit<br>Milk       | <b>28</b><br><b>Smothered Chicken</b><br>Macaroni & Cheese<br>Garden Vegetables<br>Wheat Roll<br>Seasonal Fruit<br>Milk      | <b>29</b><br><b>Beef &amp; Cabbage Casserole</b><br>Green Peas<br>Cauliflower<br>Texas Bread<br>Tropical Fruit<br>Milk                       | <b>30</b><br><b>Chicken Breast w/Spinach Florentine Sauce</b><br>Bow Tie Pasta<br>Brussel Sprouts<br>Dinner Roll<br>Very Berry Juice<br>Milk |
| <b>31</b><br><b>Turkey Burger</b><br>Tater Tot<br>Sliced Carrots<br>Hamburger Bun<br>Tropical Fruit<br>Milk<br>Mustard/Ketchup            | <b>1</b>                                                                                                                    | <b>2</b>                                                                                                                    | <b>3</b>                                                                                                                         | <b>4</b>                                                                                                                     | <b>5</b>                                                                                                                                     | <b>6</b>                                                                                                                                     |