



Our Mission

To enhance the quality of life for seniors, people with disabilities, and other eligible community members who are unable to provide proper nutrition for themselves by delivering meals, offering personal interactions, and providing other complementary services.

Our Vision

To have the capacity to ensure that any eligible member of our community who needs our services will receive them.



MEALS on WHEELS
DURHAM

TOGETHER, WE CAN DELIVER.



Message from Executive Director and Board Chair



Gale Singer Adland
Executive Director



Wendy Kuhn
Board Chair

Dear Friends,

Durham, like many communities, has a growing number of seniors aging at home with limited financial resources, limited family support, and limited access to nutritious food. What Meals on Wheels Durham does each day is about so much more than meal delivery. The food is our reason to knock on a door and have a conversation, check on a person's wellbeing, and make a difference in their day. When we provide nutritious meals and daily safety checks for homebound seniors, we reduce the risks and costs associated with loneliness, isolation, depression, and falls.

As we head into our 45th year of serving vulnerable people in the Durham community, it is an excellent time to look back and reflect on our history. What started as a program feeding a dozen people has blossomed into a robust and healthy nonprofit. In 2019, we touched the lives of over 900 seniors, delivering over 136,000 meals. A core group of over 200 volunteers gives their time - and more importantly, their hearts - each weekday to help make this happen. Our community partners fill a vital role in helping us provide more than a meal - pet food, holiday gifts, birthday cards, gifts, toiletries, wireless doorbells - to name a few.

In the following pages, you will see stories, pictures and information about the result of your support. Each page contains our gratitude for your kindness and generosity for those who deserve never to be forgotten. It is a privilege and honor to be in this work with you.

Thank you for your support as we work to create a Durham in which all seniors can live independent and fulfilling lives.

May you continue to help Feed the Need!

Gale Singer Adland
Executive Director

Wendy Kuhn
Board Chair

2019 Meals on Wheels At-A-Glance



Health Impact

One year of Meals on Wheels costs the same as six days in a nursing home or just one day in a hospital.



132,202 meals delivered.

Served **219** emergency meal clients.
127 weekend meal clients.



Approximately **163,095** miles driven by volunteers to deliver meals.



96% of clients told us they feel safer knowing a volunteer is coming each day.



573 unique individuals volunteered during the week for a total of **14,901** hours.



Client base grew to **556** clients who received meals daily.

2019 Feed the Need Gala Recap

On February 9, 2019, supporters attended the 2nd Annual Feed the Need Gala at The Washington Duke Inn & Golf Club. Proceeds from the event helped to further the mission and allowed for an increase in the number of individuals served.

2019 Feed the Need Gala Top Sponsors:

Webb Writes
Ellis Family Law
Duke Health
Durham Magazine
Kennon Craver PLLC
Mikron
BB&T Scott & StringFellow
BB&T Wealth
Durham Bulls
Excalibur Direct Marketing
Greater Durham Chamber of Commerce



“Meals on Wheels Durham is conscientious about your diet and has kind-hearted dedicated drivers.”

Client Profile

Stephanie has been a Meals on Wheels Durham (MOWD) client for 23 years. Her mother also receives meals - thanks to Stephanie helping her get connected. For Stephanie, MOWD is family. She raves about all of the wonderful drivers that are a part of her life and boasts about how they make her feel special.

For example, one of the volunteer drivers on her route, Nancy Ruth, has been delivering meals to her for over 10 years. They have built a strong bond and look forward to seeing each other weekly. We are pleased to say that Stephanie's story is not an anomaly.

Stephanie's dog Amber (pictured), is a part of MOWD's pet program.

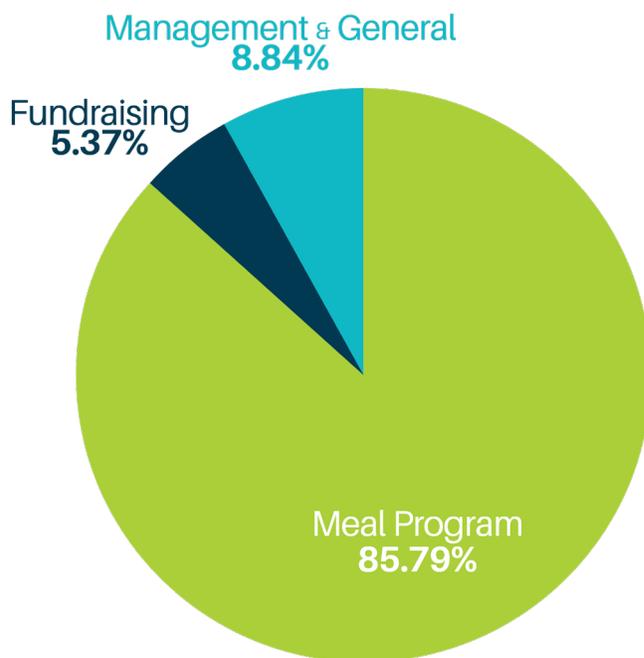
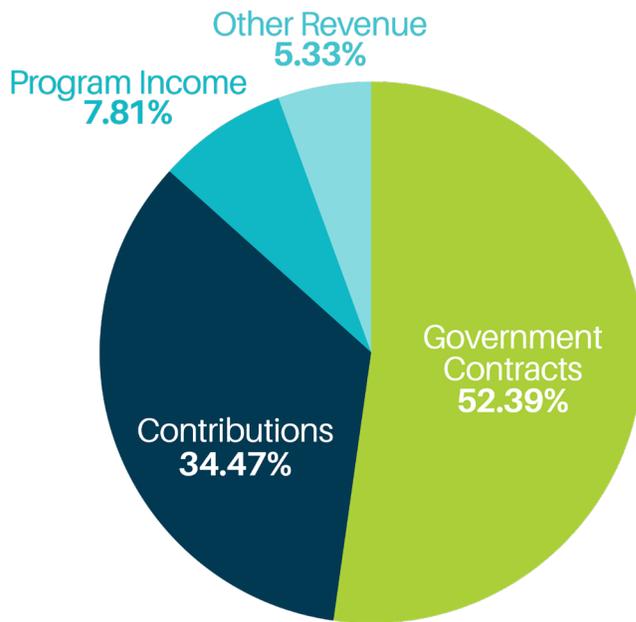
Favorite MOWD Meal:
Chicken marsala

Hobbies:
Reading, Motivating others

Advice:
Be anxious for nothing.



Consolidated Financial Statement



Revenue and Support

Government Contracts	\$537,382
Contributions	\$353,596
Program Income	\$80,132
Other Revenue	\$54,671
*Fiscal Responsibility - MOWNC	\$400,000

Total Revenue \$1,425,781

Expenditures

Meal Program	\$843,892
Fundraising	\$52,794
Management and General	\$86,992
*Fiscal Responsibility - MOWNC	\$400,000

Total Expenses \$1,383,678

Increase in Net Assets \$42,103

* Served as a Fiscal sponsor for Meals on Wheels North Carolina. Charts do not include Fiscal Responsibility- MOWNC.

*Thank you - your generosity allows us to deliver a hot meal
and so much more to our clients!*

More Than a Meal

Meals on Wheels Durham delivers pet food to 83 cats and dogs. The pet program helps our clients with pets provide for their companions.

Partners who helped support the pet program in 2019 include:

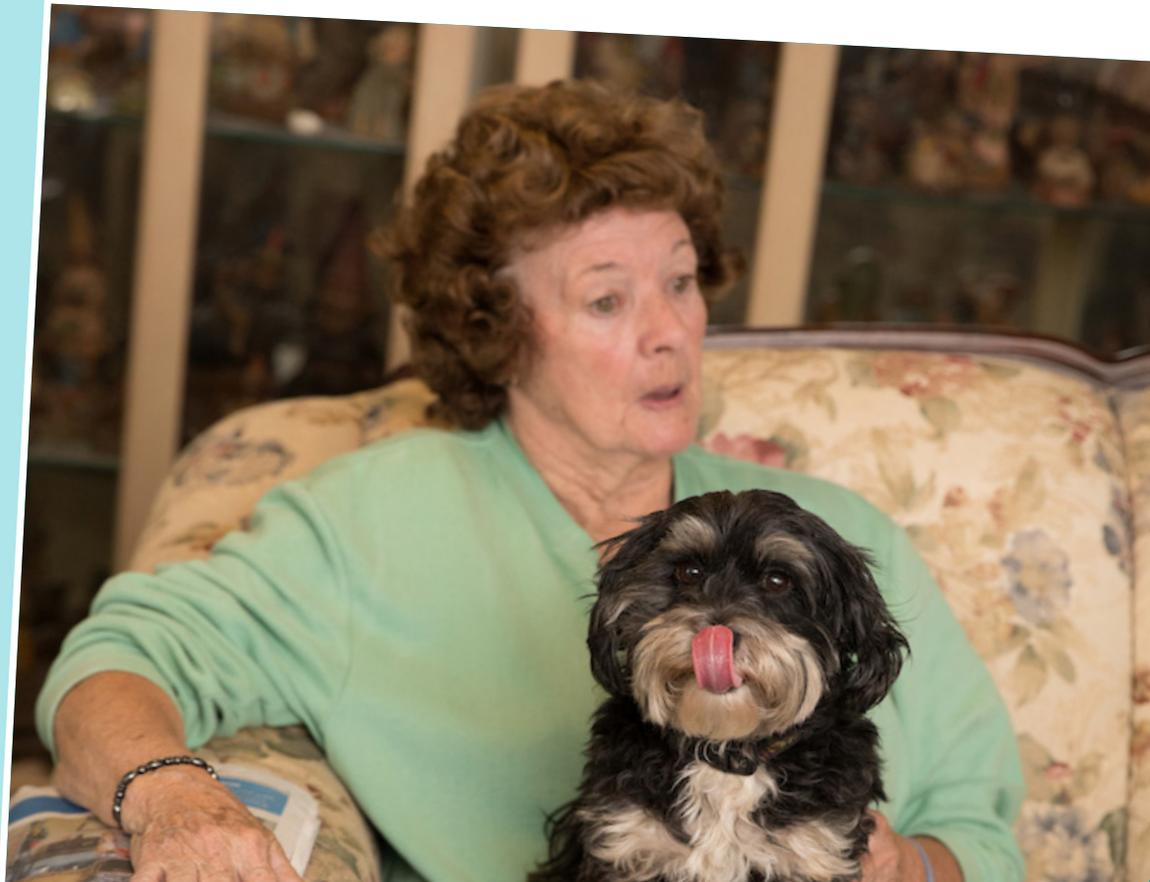
Broadway Animal Hospital, Carver Street Animal Hospital, Durham Animal Protection Society, Eno Veterinary Hospital, Falconbridge Animal Hospital, North Paw Animal Hospital, Nosh, Paws on Durham, Phydeaux Chapel Hill, Willow Oak Animal Hospital

Special thanks to Louise Morris who packs and organizes the pet food weekly!



Durham Habitat

Kudos to your organization and volunteers for helping install doorbells and ramps for our clients!





Community Partnerships

- ABC 11
- Burger Bach
- Code for Durham
- Duke University
- Durham Congregations in Action
- Durham Police & SVU
- Durham Rescue Mission
- Durham Magazine
- Durham Partnership for Seniors
- Durham Center for Senior Life
- Durham EMS
- Durham Farmers Market & the Double Bucks Reward Program
- Durham School of the Arts Key Club
- Durham Social Services
- Durham Softball
- Durham Tech: Youth in Action
- Easter Seals
- Emily Katherine Events
- Food Bank of Central & Eastern North Carolina
- Home Instead Senior Care
- Foxfire Apartments Maintenance Team
- Holy Infant Catholic Church
- Judea Reform Congregation
- Meals on Wheels America
- Meals on Wheels North Carolina
- North Carolina Central University
- Norton Street Business Solutions
- PORCH-Durham
- Rabbit Foot Florals
- Re-City
- Spicy Green Gourmet Catering
- Subaru
- The Marcus Harris Foundation
- The Retired and Senior Volunteer Program
- Union Baptist Church Missionary Group
- Watts Street Baptist Church

Holiday Gift Program

Each year Meals on Wheels Durham delivers holiday gifts to every client. Each client is able to choose their gift - over 500 were delivered in 2019! Thank you to each individual and partner who bought a gift or adopted an entire route.

Partners who helped support the gift program in 2019 include:

Creative Civitan, Durham SVU, Holy Infant Catholic Church, Easter Seals, Home Instead Senior Care, Virginia State University, Woman's Club of Durham



Directors

Gale Singer Adland
Executive Director

Ian Harwood
Operations Director

Antoinetta Mosley
Development and
Communications Director

Annette Read
Community Outreach Director

Staff

Brittany Barnes
Program Coordinator

Pam Hester
Bookkeeper

Brittany Jennings
Operations Assistant

Diamond King
Driver

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