

# Meals on Wheels Durham - Hot Meals Menu

November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
<b>Meatballs</b> <b>Spaghetti Sauce</b> Tater Tots Broccoli Hot Dog Bun Apple Juice Milk	<b>Salisbury Beef w/ Mushroom Gravy</b> Rice Pilaf Whole Kernel Corn Wheat Bread Mandarin Oranges Milk	<b>Bourbon Pork Roast</b> Macaroni & Cheese Collard Greens Dinner Roll Fresh Fruit Milk Margarine	<b>Beef Patty</b> Sliced Cheese Ranch Beans Mixed Vegetables Hamburger Bun Tropical Fruit Milk Ketchup	<b>Turkey Tetrazzini</b> Green Peas w/Red Pepper Sliced Carrots Texas Bread Fresh Fruit Milk
11	12	13	14	15
<b>Western Baked Beef</b> Cheesy Rice Green Peas Dinner Roll Tropical Fruit Milk Margarine	<b>Parmesan Chicken</b> Penne Pasta Broccoli Tossed Salad Dinner Roll Mixed Berry Juice Milk	<b>BBQ Pork Riblet</b> Ranch Potatoes Corn O'Brien Hamburger Bun Applesauce Milk Milk	<b>Beef Fiesta</b> <b>Macaroni &amp; Cheese</b> Fiesta Vegetable Blend Green Beans Dinner Roll Fresh Fruit Milk	<b>Creamy Paprika Chicken</b> Whipped Potatoes Brussels Sprouts Texas Bread Fresh Banana Milk
18	19	20	21	22
<b>Baked Chicken</b> <b>Gravy</b> Whipped Potatoes Lima Beans Dinner Roll Fresh Fruit Milk	<b>Sliced Ham</b> Navy Beans Turnip Greens Cornbread Berry Juice Milk Margarine	<b>Sweet n Sour Meatballs</b> Brown Rice Green Peas w/Red Pepper Dinner Roll Fresh Fruit Milk	<b>Smothered Chicken</b> Macaroni & Cheese Mixed Vegetables Wheat Bread Pineapple Tidbits Milk	<b>Pork Roast w/Gravy</b> Whipped Potatoes Green Beans Amandine Texas Bread Pineapple Tidbits Milk Margarine
25	26	27	28	29
<b>Creole Beef Patty</b> Spiced Brown Rice Green Peas w/Red Pepper Texas Bread Fresh Fruit Milk Margarine	<b>Cranberry Dijon Chicken</b> Roasted Potatoes Mixed Vegetables Texas Bread Mandarin Oranges Milk Margarine	<b>Teriyaki Pork Roast</b> Rice Pilaf Glazed Carrots Dinner Roll Tropical Fruit Milk Margarine	<b>MOWD OFFICE</b> <b>CLOSED FOR</b> <b>THANKSGIVING</b>	<b>MOWD OFFICE</b> <b>CLOSED FOR</b> <b>THANKSGIVING</b>
			 	