



Meals on Wheels Durham - Hot Meals Menu

November 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Meatballs w/ Spaghetti Sauce Tater Tots Broccoli Hot Dog Bun Apple Juice Milk	Chicken Piccata Rice Pilaf Peas/Zucchini/Onion Texas Bread Fresh Fruit Milk	Bourbon Pork Roast Oven Roasted Potatoes Collard Greens Dinner Roll Cranberry Applesauce Milk Margarine	Beef Patty Sliced Cheese Ranch Beans Mixed Vegetables Hamburger Bun Fresh Fruit Milk Ketchup	Turkey Pasta Bake Green Beans w/ Red Pepper Texas Bread Peach Crisp Milk
10	11	12	13	14
Teriyaki Chicken Breast Brown Rice Brussels Sprouts Texas Bread Fresh Banana Milk	BBQ Pulled Pork Ranch Potatoes Whole Kernel Corn Hamburger Bun Applesauce Milk	Beef Ravioli Zucchini Green Peas w/ Onions Texas Bread Fresh Orange Milk	Chicken Cacciatore Penne Pasta Broccoli Tossed Salad Dinner Roll Berry Juice Milk French Dressing OFFICE CLOSED	Western Baked Beef Cheesy Rice Sliced Carrots Dinner Roll Tropical Fruit Milk Margarine
17	18	19	20	21
Baked Chicken w/ Gravy Sweet Potato Wedges Lima Beans Dinner Roll Tropical Fruit Milk Margarine	Sliced Ham Navy Beans Turnip Greens Cornbread Fruit Punch Juice Milk Margarine	Sweet n Sour Meatballs Twice Whipped Potatoes Cabbage w/ Carrots Dinner Roll Fresh Fruit Milk Margarine	Smothered Chicken Macaroni & Cheese Mixed Vegetables Wheat Bread Mandarin Oranges Milk Margarine	Turkey Spaghetti Casserole Whole Kernel Corn Broccoli Texas Bread Fresh Fruit Milk
24	25	26	27	28
Creole Beef Patty Spiced Brown Rice Green Peas w/Red Pepper Texas Bread Fresh Orange Milk	Cranberry Dijon Chicken Roasted Potatoes Mixed Vegetables Texas Bread Cinnamon Applesauce Milk	Sliced Turkey Breast w/ Poultry Gravy Garlic Whipped Potatoes Green Bean Casserole Texas Bread Tropical Fruit Milk Margarine	OFFICE CLOSED FOR THANKSGIVING	OFFICE CLOSED FOR THANKSGIVING