

Meals on Wheels of Durham - Hot Meals Menu

November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10
Bourbon Chicken Breast Rice Pilaf Collard Greens Dinner Roll Cinnamon Applesauce Milk	Salisbury Beef w/ Gravy Whipped Potatoes Green Peas Texas Bread Apple Juice Milk	Parmesan Chicken Penne Pasta Broccoli w/Peppers Dinner Roll Pineapple Tidbits Milk	Beef Hamburger Patty Baked Beans Corn Hamburger Bun Mandarin Oranges Milk Ketchup	Turkey A La King Garlic Whipped Potatoes Lima Beans Dinner Roll Fresh Seasonal Fruit Milk
13	14	15	16	17
Western Baked Beef Cheesy Rice Country Vegetable Blend Dinner Roll Orange Juice Milk	Creamy Paprika Chicken Whipped Redskin Potatoes Cabbage Texas Bread Fresh Seasonal Fruit Milk	Lentil Stew Brown Rice Spinach Cornbread Mandarin Oranges Milk	BBQ Pork Riblet Ranch Potatoes Corn O'Brien Hamburger Bun Cranberry Applesauce Milk	Fiesta Macaroni & Cheese Fiesta Vegetable Blend Green Beans Dinner Roll Diced Peaches Milk
20	21	22	23	24
Smothered Chicken Breast Whipped Potatoes Lima Beans Dinner Roll Mandarin Oranges Milk	Sloppy Joe Baked Beans Corn O'Brien Hamburger Bun Applesauce Milk	Sliced Turkey Breast w/Poultry Gravy Rice Pilaf Green Beans Cornbread Fruited Gelatin Milk	Spaghetti Casserole Green Peas w/Peppers Hot Glazed Peaches Texas Bread Milk MOWD CLOSED	Pinto Beans Macaroni & Cheese Collard Greens Cornbread Diced Pears Milk MOWD CLOSED
27	28	29	30	1
Meatloaf w/Gravy Whipped Potatoes Mixed Vegetables Dinner Roll Pineapple Tidbits Milk	Chicken & Waffles Crispy Cubed Potatoes Mixed Fruit Crisp Milk Syrup	Teriyaki Pork Roast Rice Pilaf Broccoli Dinner Roll Orange Juice Milk	Chicken Alfredo Green Peas Spring Vegetable Blend Texas Bread Diced Pears Milk	Taco Meat Spanish Rice Mixed Beans Flour Tortilla Mandarin Oranges Milk
		 		