



Meals on Wheels Durham

September 2025 - Hot Meals Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
OFFICE CLOSED FOR LABOR DAY	Turkey Tetrazzini Lima Beans Orange Sliced Carrots Texas Bread Seasonal Fruit Milk	BBQ Pulled Pork Macaroni & Cheese Whole Kernel Corn Hamburger Bun Mandarin Oranges Milk	Chicken Breast w/ Mild Buffalo Sauce Brown Rice Green Peas Texas Bread Fresh Orange Milk	Pulled BBQ Chicken Oven Roasted Potatoes Ranch Beans Hamburger Bun Seasonal Fruit Milk
8	9	10	11	12
Sloppy Joe Ranch Beans Cauliflower Hamburger Bun Mandarin Oranges Milk	Meatballs w/ Tomato Gravy Country Potatoes Garden Vegetables Texas Bread Very Berry Juice Milk	Creamy Paprika Chicken Confetti Rice Brussel Sprouts Wheat Dinner Roll Applesauce Milk	Taco Meat Shredded Cheese Spanish Rice Mixed Beans Tortilla Seasonal Fruit Milk	Chicken Chef Salad Pasta Salad Cucumber Salad Texas Bread Fresh Fruit Milk Ranch Dressing
15	16	17	18	19
Salisbury Steak Steakhouse Sauce Penne Noodles Green Beans Texas Bread Orange Juice Milk	Chicken Breast Southwest Lime Sauce Rice Pilaf Green Peas Wheat Dinner Roll Mandarin Oranges Milk	Beef Patty Delmonico Potatoes Baked Beans Hamburger Bun Fresh Orange Milk Ketchup Mustard	Pork Roast w/Gravy Whipped Potatoes Whole Kernel Corn Wheat Dinner Roll Apple Juice Milk	Chicken Salad Macaroni Salad Coleslaw Hamburger Bun Seasonal Fruit Milk
22	23	24	25	26
Turkey Burger Tater Tots Corn O'Brien Hamburger Bun Mandarin Oranges Milk BBQ Sauce	Spaghetti Bake Lima Beans Sliced Carrots White Bread Seasonal Fruit Milk	Garlic Rosemary Chicken Cheesy Baked Rice Green Peas Texas Bread Orange Juice Milk	Glazed Ham Collard Greens Pinto Beans Wheat Dinner Roll Tropical Fruit Milk	Turkey Salad Garbanzo Bean Salad Broccoli Raisin Salad Wheat Bread (2) Fresh Banana Milk
29	30	1	2	3
Meatloaf w/Gravy Whipped Red Skin Potatoes Broccoli Wheat Dinner Roll Fruit Punch Milk	Turkey Tetrazzini Lima Beans Orange Sliced Carrots Texas Bread Seasonal Fruit Milk	BBQ Pulled Pork Macaroni & Cheese Whole Kernel Corn Hamburger Bun Mandarin Oranges Milk	Chicken Breast w/ Mild Buffalo Sauce Brown Rice Green Peas Texas Bread Fresh Orange Milk	Sliced Turkey Breast Swiss Cheese Potato Salad Beet Salad Wheat Bread (2) Very Berry Juice Milk Mayonnaise/Mustard