

Meals on Wheels Durham - Hot Meals Menu

August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
BBQ Pork Riblet Macaroni & Cheese Whole Kernel Corn Hamburger Bun Mandarin Oranges Milk	Taco Meat Fiesta Rice Mixed Beans Tortilla Seasonal Fruit Milk Taco Sauce	Creamy Paprika Chicken Confetti Rice Brussels Sprouts Wheat Bread Applesauce Milk	Meatballs w/ Tomato Gravy Whipped Potatoes Green Peas Texas Bread Fresh Banana Milk	Fajita Chicken Spanish Rice Pinto Beans Flour Tortilla Seasonal Fruit Milk Sour Cream
12	13	14	15	16
Salisbury Steak Steakhouse Sauce Egg Noodles Green Beans Texas Bread Orange Juice Milk	Chicken Breast Southwest Lime Sauce Rice Pilaf Whole Kernel Corn Wheat Dinner Roll Mandarin Oranges Milk	Beef Patty Country Potatoes Baked Beans Hamburger Bun Seasonal Fruit Milk Ketchup Mustard	Pork Roast w/Gravy Whipped Potatoes Green Peas Wheat Dinner Roll Apple Juice Milk	Chicken Salad Macaroni Salad Coleslaw Wheat Bread (2) Seasonal Fruit Milk
19	20	21	22	23
BBQ Chicken Baked Beans Corn O'Brien Wheat Dinner Roll Seasonal Fruit Milk	Turkey Salad Garbanzo Bean Salad Broccoli Raisin Salad Wheat Bread (2) Fresh Banana Milk	Spaghetti Bake Lima Beans Sliced Carrots White Bread Mixed Fruit Milk	Garlic Rosemary Chicken Cheesy Baked Rice Green Peas Texas Bread Orange Juice Milk	Glazed Ham Cut Yams Seasoned Pinto Beans Wheat Bread Mandarin Oranges Milk
26	27	28	29	30
Meatloaf w/Gravy Garlic Whipped Potatoes Green Peas Wheat Dinner Roll Fruit Punch Milk	Turkey Tetrzzini Whole Kernel Corn Orange Sliced Carrots Texas Bread Seasonal Fruit Milk	Sloppy Joe Ranch Beans Cabbage w/Tomatoes Hamburger Bun Mandarin Oranges Milk	Chicken Breast w/ Mild Buffalo Sauce Lemon Rice Broccoli Texas Bread Fresh Banana Milk	Sliced Turkey Breast Swiss Cheese Kidney Bean Salad Wheat Bread (2) Very Berry Juice Milk Mayonnaise Mustard