



# Meals on Wheels Durham - Frozen Meals Menu

June 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2	3	4	5	6	7	8
<b>Cranberry Dijon Chicken</b> Whipped Sweet Potatoes Brussels Sprouts Dinner Roll Seasonal Fruit Milk	<b>Sliced Ham</b> Northern Beans Collard Greens Cornbread Orange Juice Milk	<b>Beef Noodle Casserole</b> Green Peas Dinner Roll Warm Mixed Fruit Milk	<b>Taco Meat</b> Mixed Beans Corn O'Brien Flour Tortilla Apple Juice Milk	<b>Chicken w/Gravy</b> Rice Pilaf Glazed Beets White Bread Seasonal Fruit Milk	<b>BBQ Meatballs</b> Confetti Rice Green Beans Dinner Roll Mixed Fruit Milk	<b>Meatloaf w/ Brown Gravy</b> Whipped Potatoes Glazed Carrots Dinner Roll Pineapple Tidbits Milk
9	10	11	12	13	14	15
<b>A-1 Chopped Steak</b> Egg Noodles Glazed Carrots Texas Bread Apple Juice Milk	<b>Creamy Paprika Chicken</b> Whipped Potatoes Garden Blend Vegetables Dinner Roll Seasonal Fruit Milk	<b>Turkey Supreme</b> Confetti Rice Broccoli Dinner Roll Applesauce Milk	<b>Salisbury Beef w/ Brown Gravy</b> Whipped Potatoes Green Peas Dinner Roll Pineapple Tidbits Milk	<b>Bourbon Chicken</b> Brown Rice Succotash Glazed Carrots Dinner Roll Berry Juice Milk	<b>Italian Meat Sauce</b> Spaghetti Noodles Green Peas Wheat Bread Mixed Fruit Milk	<b>Turkey Rice Casserole</b> Stewed Tomatoes Lima Beans Dinner Roll Pineapple Tidbits Milk
16	17	18	19	20	21	22
<b>Chicken Breast w/ Dijonnaise Sauce</b> Confetti Rice Corn Casserole Wheat Bread Apple Juice Milk	<b>Beef Chili w/Beans</b> Whipped Potatoes Glazed Carrots Texas Bread Pears Milk	<b>Chicken Breast w/ BBQ Sauce</b> Macaroni & Cheese Collard Greens Dinner Roll Applesauce Milk	<b>Pork Roast w/ Brown Gravy</b> Confetti Rice Green Peas Dinner Roll Seasonal Fruit Milk <b>MOWD OFFICE CLOSED</b>	<b>Beef Patty</b> Tater Tots Mixed Vegetables Hamburger Bun Seasonal Fruit Milk	<b>Popcorn Chicken w/ Sweet &amp; Sour Sauce</b> Rice Green Peas Wheat Bread Pineapple Tidbits Milk	<b>BBQ Pork</b> Roasted Potatoes Baked Beans Hamburger Bun Mandarin Oranges Milk
23	24	25	26	27	28	29
<b>Swedish Meatballs</b> Whipped Potatoes Chuckwagon Corn Tropical Fruit Dinner Roll Milk	<b>Chicken Alfredo</b> Green Peas Dinner Roll Warm Cinnamon Applesauc Milk	<b>Pork Roast</b> Horseradish Brown Sauce Ranch Beans Baby Carrots White Roll Seasonal Fruit Milk	<b>Chicken Breast w/Tarragon Sauce</b> Cheesy Whipped Potatoes California Blend Vegetables Texas Bread Very Berry Juice Milk	<b>Turkey Rice Casserole</b> Stewed Tomatoes Lima Beans Dinner Roll Seasonal Fruit Milk	<b>Breaded Chicken Patty</b> Crispy Cubed Potatoes Green Beans Hamburger Bun Pineapple Tidbits Milk Ketchup	<b>Pizza Casserole</b> Italian Vegetable Blend Wheat Bread Warm Fruit Milk
30	1	2	3	4	5	6
<b>Cranberry Dijon Chicken</b> Whipped Sweet Potatoes Brussels Sprouts Dinner Roll Seasonal Fruit Milk	<b>Sliced Ham</b> Northern Beans Collard Greens Cornbread Orange Juice Milk	<b>Beef Noodle Casserole</b> Green Peas Dinner Roll Warm Mixed Fruit Milk	<b>Taco Meat Mixed Beans</b> Corn O'Brien Flour Tortilla Apple Juice Milk	<b>Chicken w/Gravy</b> Rice Pilaf Glazed Beets White Bread Seasonal Fruit Milk <b>MOWD OFFICE CLOSED</b>	<b>BBQ Meatballs</b> Confetti Rice Green Beans Dinner Roll Mixed Fruit Milk	<b>Meatloaf w/ Brown Gravy</b> Whipped Potatoes Glazed Carrots Dinner Roll Pineapple Tidbits Milk