



# Meals on Wheels Durham - Hot Meals Menu

## March 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Meatloaf</b> Brown Gravy Whipped Potatoes Glazed Carrots Dinner Roll Mixed Fruit Milk	<b>Pork Roast</b> BBQ Sauce Cheesy Rice Green Peas Wheat Bread Fruit Punch Milk	<b>Beef Patty</b> Baked Beans Whole Kernel Corn Hamburger Bun Seasonal Fruit Milk Ketchup	<b>Baked Chicken Breast</b> Cranberry Sauce Spiced Yams Green Beans Dinner Roll Very Berry Juice Milk	<b>Spaghetti Casserole</b> Green Peas Winter Blend Vegetables Texas Bread Seasonal Fruit Milk
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Turkey Breast</b> Poultry Gravy Rice Pilaf Mixed Greens Texas Bread Fruit Punch Milk Margarine	<b>Macaroni &amp; Cheese</b> Ranch Beans Broccoli Wheat Bread Seasonal Fruit Milk	<b>Parmesan Chicken</b> Penne Pasta Green Beans w/Peppers Dinner Roll Pineapple Tidbits Milk	<b>Taco Meat</b> Mixed Beans Mexican Corn Flour Tortilla Apple Juice Milk	<b>Beef Cabbage Casserole</b> Whipped Potatoes Sliced Carrots Texas Bread Pears Milk
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Salisbury Beef</b> <b>Brown Gravy</b> Rice Pilaf Green Peas Dinner Roll Seasonal Fruit Milk	<b>Ham &amp; White Beans</b> Garlic Whipped Potatoes Collard Greens Cornbread Mixed Fruit Milk	<b>Jamaican Chicken</b> Cajun Rice Corn O'Brien Dinner Roll Pineapple Tidbits Milk	<b>Sloppy Joe</b> Baked Beans Brussels Sprouts Hamburger Bun Seasonal Fruit Milk	<b>Turkey Supreme</b> Confetti Rice Broccoli Dinner Roll Apple Juice Milk
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Teriyaki Chicken</b> Rice Pilaf Mixed Vegetables Dinner Roll Seasonal Fruit Milk	<b>Swiss Steak</b> Mashed Red Potatoes Harvard Beets Wheat Bread Seasonal Fruit Milk	<b>Smothered Chicken</b> Egg Noodles Green Beans Texas Bread Pineapple Tidbits Milk	<b>Meatballs in Gravy</b> Twice Whipped Potatoes Green Beans Dinner Roll Mixed Fruit Milk	<b>Cheese Omelet</b> Hash brown Casserole Stewed Tomatoes Bagel Orange Juice Milk Jelly
<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Meatloaf</b> Brown Gravy Whipped Potatoes Glazed Carrots Dinner Roll Mixed Fruit Milk	<b>Pork Roast</b> BBQ Sauce Cheesy Rice Green Peas Wheat Bread Fruit Punch Milk	<b>Beef Patty</b> Baked Beans Whole Kernel Corn Hamburger Bun Seasonal Fruit Milk Ketchup	<b>Baked Chicken Breast</b> Cranberry Sauce Spiced Yams Green Beans Dinner Roll Very Berry Juice Milk	<b>Spaghetti Casserole</b> Green Peas Winter Blend Vegetables Texas Bread Seasonal Fruit Milk