



Annual Report – 2018

Meals on Wheels of Durham, Inc. is a non-profit agency committed to enhancing the quality of life for eligible homebound adults in our community. Our mission is to serve the elderly, frail, disabled, convalescing and others who cannot provide proper nutrition for themselves. Dedicated volunteers deliver lunches to our clients each weekday, with the objective of improving the nutritional status and health of these individuals. It is our goal to provide the combination of nutritious meals and social contact that will help our clients to remain independent as long as possible.

Participation in a Meals on Wheels program can help individuals reduce the chance of premature institutionalization; allow elderly married couples to remain together in the comfort of their own home; and remove a significant barrier preventing or delaying the discharge of a patient from a hospital or institution, thereby permitting the convalescing process to occur in the familiar surroundings of one's own home.

Our Mission: To enhance the quality of life for seniors, peoples with disabilities, and other eligible community members who are unable to provide proper nutrition for themselves by delivering meals, offering personal interactions, and providing other complementary services

Our Vision: To have the capacity to ensure that any member of our community who needs our services will receive them.

Board of Directors

Executive Members

Wendy Kuhn, President

Gray Ellis, Vice President

Ryan Webb, Treasurer

April Dudash, Secretary

Members of the Board

Leah Baldsare

Pashara Black

Moses Carey

Brenda Howerton

Matt Ng

Monica Smith

Amanda Sosebee

Tanvie Vinayak

Staff Leadership

Gale Singer Adland, Executive Director

Ian Harwood, Operations Director

Annette Read, Community Outreach Director

Antoinetta McKay, Director of Development and Communications

Brittany Barnes, Program Coordinator

Brittany Jennings, Operations Assistant

Pam Hester, Bookkeeper

Diamond King, Driver

Program Outcomes

The following outcomes were achieved:

Number of meals served: 130,475

Number of individual clients served: 920

Percent of clients satisfied with the service: 98%

Percent of clients who reported they felt safer knowing a volunteer was coming each day: 89%

Percent of clients who reported an improvement in health: 84%

Percent of clients who live alone: 78%

Percent of clients who could not afford nutritious food without MOW: 63%

Visibility

This year, Meals on Wheels has been featured in newspaper articles and on television. Coverage has been given in particular to our produce delivery, snow day deliveries, fan distribution effort and our Senior Santa event. We have been represented in meetings at The Durham Partnership for Seniors, RSVP Annual Meeting, Durham Congregations in Action, Duke Durham Health Summit, Meals on Wheels Association of North Carolina, North Carolina Agency on Aging, Triangle Community Foundation Networking events, Durham Chamber of Commerce networking events and the Senior Food and Nutrition Working Group.

Program Enhancements

This year, Meals on Wheels of Durham partnered with a variety of organizations to increase our services for our clients. Due to this we were able to distribute the following:

Electric Fans for our clients without air conditioning

Wireless Doorbells

Pet Food
Books
Toiletries
Warm Clothing
Birthday cards and small gifts
Christmas gifts, centerpieces and ornaments
Valentines Day Cards
Saint Patrick's Day cards
Thanksgiving Dinner
Christmas Dinner
Placemats
Information on a variety of agencies offering help and assistance to the elderly
Monthly Educational pieces for clients on health and nutrition
Emergency Meals