Our Mission
To enhance the quality of life for seniors, people with disabilities, and other eligible community members who are unable to provide proper nutrition for themselves by delivering meals, offering personal interactions, and providing other complementary services.

Our Vision
To have the capacity to ensure that any eligible member of our community who needs our services will receive them.
Dear Friends,

Durham, like many communities, has a growing number of seniors aging at home with limited financial resources, limited family support, and limited access to nutritious food. What Meals on Wheels Durham does each day is about so much more than meal delivery. The food is our reason to knock on a door and have a conversation, check on a person’s wellbeing, and make a difference in their day. When we provide nutritious meals and daily safety checks for homebound seniors, we reduce the risks and costs associated with loneliness, isolation, depression, and falls.

As we head into our 45th year of serving vulnerable people in the Durham community, it is an excellent time to look back and reflect on our history. What started as a program feeding a dozen people has blossomed into a robust and healthy nonprofit. In 2019, we touched the lives of over 900 seniors, delivering over 136,000 meals. A core group of over 200 volunteers gives their time – and more importantly, their hearts – each weekday to help make this happen. Our community partners fill a vital role in helping us provide more than a meal – pet food, holiday gifts, birthday cards, gifts, toiletries, wireless doorbells – to name a few.

In the following pages, you will see stories, pictures and information about the result of your support. Each page contains our gratitude for your kindness and generosity for those who deserve never to be forgotten. It is a privilege and honor to be in this work with you.

Thank you for your support as we work to create a Durham in which all seniors can live independent and fulfilling lives.

May you continue to help Feed the Need!

Gale Singer Adland  
Executive Director

Wendy Kuhn  
Board Chair
2019 Meals on Wheels At-A-Glance

Health Impact
One year of Meals on Wheels costs the same as six days in a nursing home or just one day in a hospital.


- Approximately 163,095 miles driven by volunteers to deliver meals.

- 96% of clients told us they feel safer knowing a volunteer is coming each day.

- 573 unique individuals volunteered during the week for a total of 14,901 hours.

- Client base grew to 556 clients who received meals daily.

2019 Feed the Need Gala Recap

On February 9, 2019, supporters attended the 2nd Annual Feed the Need Gala at The Washington Duke Inn & Golf Club. Proceeds from the event helped to further the mission and allowed for an increase in the number of individuals served.

2019 Feed the Need Gala Top Sponsors:

- Webb Writes
- Ellis Family Law
- Duke Health
- Durham Magazine
- Kennon Craver PLLC
- Mikron
- BB&T Scott & StringFellow
- BB&T Wealth
- Durham Bulls
- Excalibur Direct Marketing
- Greater Durham Chamber of Commerce
“Meals on Wheels Durham is conscientious about your diet and has kind-hearted dedicated drivers.”

Client Profile

Stephanie has been a Meals on Wheels Durham (MOWD) client for 23 years. Her mother also receives meals - thanks to Stephanie helping her get connected. For Stephanie, MOWD is family. She raves about all of the wonderful drivers that are a part of her life and boasts about how they make her feel special.

For example, one of the volunteer drivers on her route, Nancy Ruth, has been delivering meals to her for over 10 years. They have built a strong bond and look forward to seeing each other weekly. We are pleased to say that Stephanie’s story is not an anomaly.

Stephanie’s dog Amber (pictured), is a part of MOWD’s pet program.

Favorite MOWD Meal:
Chicken marsala

Hobbies:
Reading, Motivating others

Advice:
Be anxious for nothing.
Consolidated Financial Statement

Revenue and Support

- Government Contracts: $537,382
- Contributions: $353,596
- Program Income: $80,132
- Other Revenue: $54,671
- *Fiscal Responsibility - MOWNC: $400,000

Total Revenue: $1,425,781

Expenditures

- Meal Program: $843,892
- Fundraising: $52,794
- Management and General: $86,992
- *Fiscal Responsibility - MOWNC: $400,000

Total Expenses: $1,383,678

Increase in Net Assets: $42,103

* Served as a Fiscal sponsor for Meals on Wheels North Carolina. Charts do not include Fiscal Responsibility - MOWNC.
Thank you - your generosity allows us to deliver a hot meal and so much more to our clients!

More Than a Meal

Meals on Wheels Durham delivers pet food to 83 cats and dogs. The pet program helps our clients with pets provide for their companions.

Partners who helped support the pet program in 2019 include:
Broadway Animal Hospital, Carver Street Animal Hospital, Durham Animal Protection Society, Eno Veterinary Hospital, Falconbridge Animal Hospital, North Paw Animal Hospital, Nosh, Paws on Durham, Phydeaux Chapel Hill, Willow Oak Animal Hospital

Special thanks to Louise Morris who packs and organizes the pet food weekly!

Durham Habitat
Kudos to your organization and volunteers for helping install doorbells and ramps for our clients!
Holiday Gift Program

Each year Meals on Wheels Durham delivers holiday gifts to every client. Each client is able to choose their gift - over 500 were delivered in 2019! Thank you to each individual and partner who bought a gift or adopted an entire route.

Partners who helped support the gift program in 2019 include:
Creative Civitan, Durham SVU, Holy Infant Catholic Church, Easter Seals, Home Instead Senior Care, Virginia State University, Woman’s Club of Durham

Community Partnerships

ABC 11
Burger Bach
Code for Durham
Duke University
Durham Congregations in Action
Durham Police & SVU
Durham Rescue Mission
Durham Magazine
Durham Partnership for Seniors
Durham Center for Senior Life
Durham EMS
Durham Farmers Market & the Double Bucks Reward Program
Durham School of the Arts Key Club
Duke Social Services
Durham Softball
Durham Tech: Youth in Action
Easter Seals
Emily Katherine Events
Food Bank of Central & Eastern North Carolina
Home Instead Senior Care
Foxfire Apartments Maintenance Team
Holy Infant Catholic Church
Judea Reform Congregation
Meals on Wheels America
Meals on Wheels North Carolina
North Carolina Central University
Norton Street Business Solutions
PORCH-Durham
Rabbit Foot Florals
Re-City
Spicy Green Gourmet Catering
Subaru
The Marcus Harris Foundation
The Retired and Senior Volunteer Program
Union Baptist Church Missionary Group
Watts Street Baptist Church
Directors
Gale Singer Adland  
Executive Director
Ian Harwood  
Operations Director
Antoinetta Mosley  
Development and Communications Director
Annette Read  
Community Outreach Director

Staff
Brittany Barnes  
Program Coordinator
Pam Hester  
Bookkeeper
Brittany Jennings  
Operations Assistant
Diamond King  
Driver

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Brenda Howerton
Matt Ng
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Amanda Sosebee
Tanvie Vinayak

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