



MEALS ON WHEELS OF DURHAM

June 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Salisbury Steak Mashed Potatoes Green Beans Orange Sourdough	2 Crispy Inside Out Cordon Bleu Brown Rice Pilaf Broccoli Apple Sauce No Bread	3 Chicken & Dumplings Zucchini Apple Compote No Bread	4 Southern Style Beans and Rice Rice Greens Fruit Compote Garlic Roll	5 Hamburger Baked Beans Confetti Corn Apple Juice Burger Bun	6 Chicken Noodle Casserole Broccoli Sliced Apples Roll
7 Baked Ziti & Meatballs Noodles & Mixed Veg Warm Cinnamon Apples Roll	8 Marsala Chicken Brown Rice Pilaf Garlic Broccoli Orange No Bread	9 BBQ Pulled Pork Mashed Potatoes Southern Greens Banana White Roll	10 Crispy Pollock Baked Beans Cabbage Mandarins Garlic Roll	11 Glazed Ham Sweet Potatoes Green Beans Orange Roll	12 Turkey Tetrazzini Carrots Spiced Pineapple Roll	13 Omelet Spinach Hash brown Apple Juice Biscuit
14 Hamburger Steak w/ Gravy & Onions Rice Pilaf Green Beans Orange Wheat Roll	15 Jerk Chicken Rice Pilaf Peas & Carrots Apple Juice Wheat Roll	16 Red Eye Mac & Cheese Peas Spiced Pears Breadstick	17 Sloppy Joe Corn Apple Compote Hamburger Bun	18 Chipped Beef on Toast Broccoli Spiced Apples & Raisin Sourdough	19 Chicken Pot Pie Potatoes in pie Carrots Sliced Peaches Biscuit	20 Eggs W. Sausage Potatoes Spinach Apple Juice Pancake w/ Sausage
21 Mini Corn Dogs Summer Squash Cheesy Potatoes Mixed Fruit No Bread	22 Cheeseburger Bakes Beans Corn Orange Roll	23 SW Chicken Rice Black Beans Banana Roll	24 Baked Spaghetti Noodles Mixed Veggies Warm Peaches Garlic Bread	25 Sweet & Sour Chicken Fried Rice Mixed Veggies Mixed Fruit No Bread	26 Mac & Cheese Garlicky Broccoli Spiced Pears & Craisens Garlic Roll	27 Chicken & Waffles Greens Spiced Apples Waffle Biscuit
28 Chicken Cacciatore Rice Broccoli Banana Roll	29 Hungarian Goulash WG Noodle California Veggies Fruit Compote Garlic Roll	30 Polish Sausage & Peppers Rice Carrots Cinnamon Apples Roll	1 3 Cheese Ravioli w/ Meat Sauce Zucchini Sliced Peaches Breadstick	2 Chicken Parmesan Butter Noodle California Veg Blend Orange No Bread	3 BBQ Chicken Boiled Potatoes Broccoli Peaches Roll	4 Biscuits & Gravy Eggs Spinach Apple Juice Biscuit

Please mail back your client survey by June 30, 2021 to be entered into a random drawing.

Five people will receive a \$20 gift card from a retailer of your choice.