



MEALS ON WHEELS
DURHAM

919-667-9424

MEALS ON WHEELS OF DURHAM

HOT MEALS MENU

May 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>1 Chicken, Broccoli & Rice Casserole Seasoned Greens Fruit Cobbler Roll Milk</p>	<p>2 Glazed Ham Green Bean Almondine Mashed Potatoes Peach Cup Roll Milk</p>	<p>3 Orange Chicken Fried Rice Sesame Green Beans Apple Sauce Cup No Bread Milk</p>	<p>4 Italian Meatballs with Mariana Carrots Pear Cobbler Roll Milk</p>	<p>5 Chicken Drummie Spiced Cabbage Baked Beans Peach No Bread Milk</p>	6	7
<p>8 Beef Chili Mixed Veggies Fruit Compote Roll Milk</p>	<p>9 Crispy Chicken Sandwich Sweet Potatoes Green Beans Mandarin Cup Bun Milk</p>	<p>10 Baked Spaghetti (Spaghetti Noodle) Mixed Veggies Cinnamon Peaches Roll Milk</p>	<p>11 Red Eye MacnCheese Spinach Spiced Fruit Sourdough Milk</p>	<p>12 Chicken Parmesan Noodles Carrots Applesauce Milk</p>	13	14
<p>15 Baked Chicken w/ Gravy Wild Rice Pilaf Carrots Banana Roll</p>	<p>16 Chicken Tenders Dirty Rice Peas&Onions Applesauce BBQ Sauce Milk</p>	<p>17 Chicken Corn Chowder Carrots Spiced Apples Roll Milk</p>	<p>18 BBQ Chicken Black Eyed Peas Zuchini Orange Roll Milk</p>	<p>19 Cheeseburger Baked Beans Corn Bun Orange Milk</p>	20	21
<p>22 Chicken & Waffle Collards Mac n Cheese Orange Syrup Milk</p>	<p>23 Pulled BBQ Chicken Sandwich Mashed Potatoes Greens Banana Bun</p>	<p>24 Baked Ziti Mixed Veggies Cinnamon Applesauce Roll Milk</p>	<p>25 Hamburger Steak w. Onion Gravy Rice Broccoli Orange Roll</p>	<p>26 Mini Corn Dog Spinach Boiled Potatoes Mandarin Milk</p>	27	28
<p>29 Chicken, Broccoli & Rice Casserole Seasoned Greens Fruit Cobbler Roll MOWD CLOSED</p>	<p>30 Glazed Ham Green Bean Almondine Mashed Potatoes Peach Cup Roll Milk</p>	<p>31 Orange Chicken Fried Rice Sesame Green Beans Apple Sauce Cup No Bread Milk</p>	<p>1 Italian Meatballs with Mariana Carrots Pear Cobbler Roll Milk</p>	<p>2 Chicken Drummie Spiced Cabbage Baked Beans Peach No Bread Milk</p>	3	4