

MEALS ON WHEELS OF DURHAM

April 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Chicken Bayou Rice Greens Warm Apple Sauce Breadstick	2 Glazed Ham Sweet Potatoes Green Beans Orange Roll MOW CLOSED	3 Turkey Tetrazzini Carrots Spiced Pineapple Roll	4 Omelet Spinach Hash brown Apple Juice Biscuit HAPPY EASTER
5 Hamburger Steak w/ Gravy & Onions Rice Pilaf Green Beans Orange Wheat Roll	6 Jerk Chicken Rice Pilaf Peas & Carrots Apple Juice Wheat Roll	7 Red Eye Mac & Cheese Peas Spiced Pears Breadstick	8 Sloppy Joe Corn Apple Compote Hamburger Bun	9 Chipped Beef on Toast Broccoli Spiced Apples & Raisin Sourdough	10 Chicken Pot Pie Potatoes in pie Carrots Sliced Peaches Biscuit	11 Eggs W. Sausage Potatoes Spinach Apple Juice Pancake w/ Sausage
12 Mini Corn Dogs Summer Squash Cheesy Potatoes Mixed Fruit No Bread	13 Cheeseburger Bakes Beans Corn Orange Roll	14 SW Chicken Rice Black Beans Banana Roll	15 Baked Spaghetti Noodles Mixed Veggies Warm Peaches Garlic Bread	16 Sweet & Sour Chicken Fried Rice Mixed Veggies Mixed Fruit No Bread	17 Mac & Cheese Garlicky Broccoli Spiced Pears & Craisens Garlic Roll	18 Chicken & Waffles Greens Spiced Apples Waffle Biscuit
19 Chicken Cacciatore Rice Broccoli Banana Roll	20 Hungarian Goulash WG Noodle California Veggies Fruit Compote Garlic Roll	21 Polish Sausage & Peppers Rice Carrots Cinnamon Apples Roll	22 3 Cheese Ravioli w/ Meat Sauce Zucchini Sliced Peaches Breadstick	23 Chicken Parmesan Butter Noodle California Veg Blend Orange No Bread	24 BBQ Chicken Boiled Potatoes Broccoli Peaches Roll	25 Biscuits & Gravy Eggs Spinach Apple Juice Biscuit
26 Lemon Pepper Chicken Lima Beans Carrots Banana Garlic Bread	27 Salisbury Steak Mashed Potatoes Green Beans Orange Sourdough	28 Crispy Inside Out Cordon Bleu Brown Rice Pilaf Broccoli Apple Sauce No Bread	29 Chicken & Dumplings Zucchini Apple Compote No Bread	30 Southern Style Beans and Rice Rice Greens Fruit Compote Garlic Roll		